

2017 USL Rules Changes

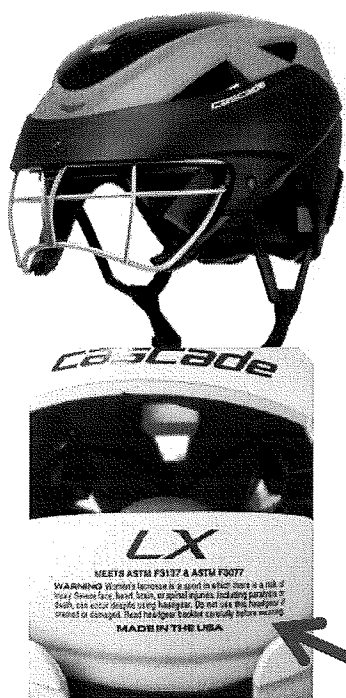
- 1) Possessions arrow – If an arrow, it will point toward the direction team is attacking. If a cone or other non-arrow item is being used it will be placed at the end of the table closest to the bench area of the team with possession
- 2) Stick checks can be requested any time there is a stoppage of play including:
 - a. Immediately after goals and overtime periods while players are still on the field
- 3) Cross Failure - Head of cross comes off the stick.
 - a. On a goal – NO goal – play restarts with an alternate possession.
 - b. On a draw – Redraw
 - c. On a pass or during play - no change of possession or alternate possession
 - d. Time may be taken to replace – broken stick goes to table
- 4) ** Headgear – Cascade or Hummingbird ONLY – ASTM F3137 notation
- 5) Coaches Meeting – Coaches must verbally certify that all equipment is legal
- 6) ** The Draw –
 - a. On the whistle players below the RL may not cross the RL until:
 - i. A player of either team gains possession – possession meaning the ball is in a player’s crosse and she is in a position to “cradle, carry, pass or shoot”.
 - ii. The ball goes out of bounds off a player or her stick
 - iii. The ball crosses a Restraining Line
 - iv. A whistle stops play for a foul
 - b. Official to signal RL is released with a windmill action of the arm
 - c. A RL violation is a draw violation – penalty is taken at the center (regardless of the final position of the ball when whistle is blown), with closest two players.
 - d. THIS IS AN IMMEDIATE WHISTLE – NOT HELD
 - e. If a player causes the ball to go out of bounds it is a boundary ball.
 - f. Directly out of bound with no touch - redraw
- 7) Restarting Play - Alternate Possession
 - a. Goalie may clear back into the circle if she is above GLE, unless:

- i. She is the one who fouled
 - ii. She is the closest to the incident that stopped the play.
 - b. If a team that is awarded a free position commits a subsequent foul before the free position is administered, they will lose possession and No Time Out Allowed.
- 8) ** Kicking –
 - a. Players can now kick the ball in non-shooting attempt, in a controlled and non-dangerous manner
 - b. Still cannot play off any other part of the body
 - c. A kick by the offense into the goal is no goal
 - d. A kick by the defense into the goal is a goal
- 9) Dangerous play – Any action by a player that is rough, threatening and/or without regard to player safety. May be carded.
- 10) **Penalty Administration Change - Dangerous shot (on the goalie) and Illegal Shot (Shooting on an indirect free positions) will now be set up at the top of the 8. Ball used to go to the goalie. Reasoning is that the penalty (the shot) is occurring in the 8, not in the goal circle.
- 11) **Shooting Space – Verbiage “Looking to Shoot” has been removed as a criteria.
- 12) Player Possession - the ball is in a player’s crosse and she is in a position to “cradle, carry, pass or shoot”.\
- 13) Manufacturer’s specs for stick – discusses material used to attach the thongs to the scoop or ball stop.
- 14) Points of Emphasis –
 - a. Dangerous Follow – Player must not follow-through with their cross in a dangerous or uncontrolled manner at any time.
 - b. Dangerous Propel
 - i. Includes passing, flicking, batting or shooting.
 - ii. Not limited to shots and can be called anywhere on the field.
 - iii. Danger can be to opponents OR teammates
 - iv. CONTACT DOES NOT NEED TO OCCUR
 - v. Goal Keepers are subject to both penalties
- 15) Illegal Defensive Positioning – 3 seconds and shooting space



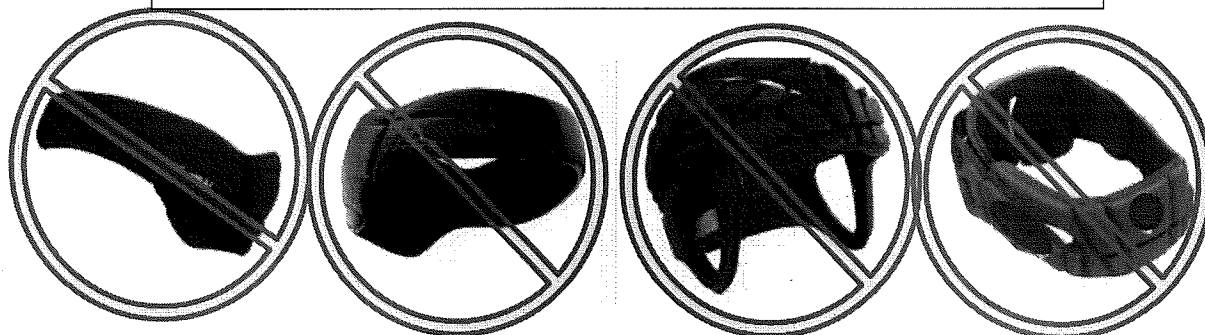
2017 Headgear Clarification

The following 2 examples are the **ONLY CURRENT LEGAL** models that are allowed for play at all levels:



**MUST have
MEETS ASTM
F3137**

No other **PROTECTIVE** headgear is allowed on the field



**Sweat Bands
are allowed**

